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Breakthrough Book On
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What Your Doctor May Not
Now Dr. John Lee-author of the
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teams up with women's health expert
Jesse Hanley, M.D., to bring you a ...

Natural Hormone Balance

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Breakthrough Book on Natural
Progesterone Paperback – May 1,
1996. by John R. Lee (Author),
Virginia Hopkins (Author) 4.6 out of 5
stars 300 ratings.

What Your Doctor May Not Tell You
About(TM): Menopause ...
- 'What Your Doctor May Not Tell You
About Fibromyalgia (Warner, 1999),
also by Dr. St. Amand and Claudia
Craig Marek, has netted over 120,000
copies and has a monthly reorder rate
of 3,000 copies.

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PAPERBACK! How Hormone Balance Can Help Save Your Life by John R. Lee, M.D., David Zava, Ph.D. and Virginia Hopkins. Warner Books 2002 (410 Pages) Another pioneering book by John R. Lee, M.D. that really gets to the bottom of why women get breast cancer and how to prevent it.

What Your Doctor May Not Tell You About Breast Cancer

A user-friendly guide by the authors of the classic bestsellers What Your Doctor May Not Tell You About Menopause and What Your Doctor May Not Tell You About Premenopause, Dr. John Lee and Virginia Hopkins.

Official Website of John R. Lee, M.D.,

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Chapter 14 Women and
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What Your Doctor May Not Tell You
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What Your Doctor May Not Tell You
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Loss of libido. Tender or lumpy
breasts. Fibroids and endometriosis.
Cold hands and feet. Very heavy or
light periods. Or other symptoms like
infertility, memory loss, and migraines.

What Your Doctor May Not Tell You
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What your doctor may not mention
could matter to your health. By David
Freeman. From the WebMD Archives.
Patients often have trouble talking to
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words out ...

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You About Fibromyalgia: The
Revolutionary Treatment That Can
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Amand and Claudia Marek},
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with RA, you may need to see your rheumatologist every 3 months for exams and bloodwork at first, or schedule drug infusions ...

RA: What Doctors Might Not Tell You -
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For suggestions on how to find a doctor in your area, please go to:
Resources - How to Find a Dr. What Your Doctor May Not Tell You About Breast Cancer . \$12.95: How Hormone Balance Can Help Save Your Life by John R. Lee, M.D., David Zava, Ph.D. and Virginia Hopkins Warner Books 2002 (410 Pages) ...

What Your Doctor May Not Tell You
About Breast Cancer

John Lee is author of the best-selling
What Your Doctor May Not Tell You
About Fibromyalgia.

Get Free What Your Doctor May Not Tell You About Menopause The Breakthrough Book On Natural Hormone Balance

Arguing that giving estrogen replacement therapy to women after menopause is medically the wrong thing to do, Lee suggests that natural progesterone can prevent most of the unpleasant side effects of menopause, including osteoporosis and weight gain.

Coronary heart disease has long been the number one killer in this country, and for decades, we have been told about five basic risk factors: elevated cholesterol, high blood pressure, diabetes, obesity, and smoking. But the truth is that heart disease is much more complex-- with close to 400 risk factors! In this innovative guide, Dr. Mark Houston helps readers discover the causes of heart disease, how to

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prevents and treats its debilitating effects via nutrition, nutritional supplements, exercise, weight management, and lays to rest various myths (cholesterol is not the primary cause) based on scientific studies and medical publications. Readers will also learn how to identify the risk factors most likely to endanger them and construct an arsenal of non-pharmacological preventive strategies that can counteract this most deadly disease.

Depression is a serious illness that can often have detrimental effects on one's personal and professional life -but it doesn't have to. With proper treatment, one can conquer this mental monster and lead a fulfilling and productive life. What's more, expensive prescription drugs with

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Sometimes debilitating side effects may very well not be the answer. In this breakthrough programme, Dr Michael Schachter offers his proven protocol to treat depression naturally by rebalancing and repairing out of sync and inefficient neurotransmitters in the brain. Readers are guided towards relief through potent, safe natural supplements that directly affect brain chemistry. Combining more traditional treatments with new proven remedies, Dr Schachter's programme reveals: the right amino acids that can help balance brain chemistry; how to easily and effectively control the amount of serotonin, dopamine, and glutamine in the brain - without drugs; the importance of Omega-3 intake and the role of mercury and fluoride toxicity can play in depression and much

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more. Dr. Schachter leaves no stone unturned on the path to treating depression safely, effectively and naturally.

Each year, over 40,000 women in the U.S. die from breast cancer. With statistics rising, conventional methods of treatment are simply not working, and in some cases may even be harmful. Now, Drs. Lee and Zava explain the potentially life-saving facts, such as: likely sources for the increase in breast cancer, including environment, excessive estrogen, progesterone imbalance, diet, and the dangers associated with traditional hormone replacement methods. Readers will learn strategies for lowering their risk and preventing this devastating disease through a revolutionary hormone balance

Get Free What Your Doctor May Not Tell You About Menopause The

Breakthrough Book On

Natural Hormone Balance

With the exception of only the common cold, Irritable Bowel Syndrome (IBS) accounts for more work and school absences than any other illness. But drugs aren't always the best option - as Dr. Ash learn from experience. He has developed a program that helps relieve symptoms without drugs - and has applied his knowledge to the treatment of IBS, helping thousands of patients. In this groundbreaking treatment plan Dr. Ash reveals his drug-free approach to relieving the symptoms of IBS, using vitamin C, bioflavonoids, and other herbs and nutrients that help the body to heal itself. He also discusses the role of food allergies; the need for adequate diagnostic tests; and environmental factors, such as stress.

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Menopause The

What Your Doctor May Not Tell You About Fibromyalgia is the only protocol that actually treat the condition, reduces drug dependency, and offer an actual cure. Most patients with fibromyalgia are on as astonishing array of medications--sometimes taking over 10 different medications and supplements a day to treat symptoms ranging from muscle pain and fatigue to hypoglycemia, IBS, and chronic candidiasis--and they still can't control their pain. This fourth edition of the book goes deeper into understanding the disease and the early intervention options that are available. With special attention paid to fatigue and pain management protocols, Dr. St. Armand goes into great detail about the big issues surrounding fibromyalgia today,

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including: A close look at supplements, including CBS oil--an unregulated market without the same scientific rigor as most medications Guaifenesin as a drug that does work, eliminating symptoms and restoring normal life to an astonishing 90 percent of the fibromyalgia sufferers A discussion of pharmaceuticals in treatment, and why "medical Band-Aids" won't treat the disease changes in disease protocol discussion of pharmaceuticals in treatment

This is an essential guide for parents about vaccinations. Dr. Stephanie Cave explains their pros and cons and the book provides information to help parents make a knowledgeable, responsible choice about vaccinating their children.

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As well as explaining the mechanisms behind Parkinson's and providing detailed information on its symptoms, diagnosis and conventional treatments, this book includes information on groundbreaking alternative treatments such as Dr Perlmutter's glutathione therapy using non-prescription supplements.

Breast cancer is on the increase in the West and, despite governments spending billions on research and new treatments, your chances of survival are roughly the same today as they were 50 years ago. This controversial book exposes the failings of conventional treatments of breast cancers and offers a revolutionary programme for lowering the risk of breast cancer, significantly improving your chances of recovering from this

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disease, and preventing a reoccurrence. Topics include: teenagers taking the pill are 600 per cent more likely to get breast cancer; biopsies, mammograms and chemotherapy often do more damage than good; 80 per cent of breast cancers are brought on by environmental factors, such as diet and exposure to toxins and pollutants; natural progesterone helps prevent and treat breast cancer; and explains that 30 minutes of moderate exercise a day may save your life.

Fibroid tumors are the leading reason why more than 500,000 American women have hysterectomies each year.

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